

Seven Ways to Go Green with Auxiliary Services

by Andrea Preininger
Student Assistant
Auxiliary Services

Many college students want to improve the environment and make the world a better place to live, yet they do not know what they can do to help. Here are seven ways Georgia Institute of Technology students can help live in a more eco friendly way using Auxiliary Services.

#1--Housing

Housing has installed low-flow water units, including shower-heads, toilets and sink faucets in all its resident halls, creating a savings of up to *50 percent water usage. Shortening showers even one to two minutes can save up to *700 gallons per month; running only full loads in dishwashers saves *300 to 800 gallons per month and turning off the water while brushing teeth saves *90 gallons a month. (*Statistics based on research by www.monolake.org, e.g., excessive water use on the environment).

#2--Parking/Transportation

Travel anywhere in the world by riding the natural gas-powered Tech Trolleys to the Midtown MARTA (Metropolitan Atlanta Rapid Transit Authority) station (ride Tech Trolley to MARTA and then to the Hartsfield-



Allison Hansson, junior, International Affairs and Modern Languages, recycles a plastic bottle at one of the Student Center's recycling sites.

Photo credit Andrea Preininger

Jackson International Airport). Take the grocery shuttle on the weekends to get groceries. Use alternative transportation, like carpools, and earn money and rewards on the web site, www.LogYourCommute.com/gatech. Join the Flexcar (Zipcar) program and use it for errands. Visit the Parking web site, www.parking.gatech.edu, for more information on these programs.

#3--Student Center

The Student Center promotes recycling throughout its building. Bring plastic bottles, paper, and aluminum and deposit in its many recycling bins. Recycling in the Student Center is easy and hassle-free since it is right next to the regular trash cans,

and recycling has tremendous long-term benefits.

#4--Health Services

Use Stamps Health Services and be part of its "near future" paperless operations. e.g., electronic databases, electronic records and digital radiography.

#5--GT Dining

Eat at GT Dining locations and be part of its environmental programs, like the trayless dining halls. This initiative conserves 3000 gallons of water a day and a dramatic reduction in energy consumption. Also, the cooking oil used in GT Dining operations is recycled to make biodiesel fuel, a domestic, renewable fuel for diesel engines derived from natural oils such as vegetable and soy-

bean, and meets the appropriate Environmental Protection Agency standards.

#6--Barnes & Noble @ GT

Check out the bookstore's Home Furnishings section and purchase such items as the energy smart lightbulbs. Because these bulbs are more expensive than older style lightbulbs, people might consider buying one bulb per week until they have changed all their lightbulbs. Compared to the older bulbs that use 60 watts of energy, the energy-efficient bulbs use 15 watts.

#7--Shopping on Campus

Whether grocery shopping at EastSide and WestSide Markets or shopping at the bookstore or Burdell's in the Student Center Commons, just say no to the plastic shopping bags. Put your purchases directly into your backpacks or use reusable shopping bags. To help begin this activity, get a re-usable "Auxiliary Services loves students!" bag by being one of the first 50 people to e-mail Melissa Moore at melissa.moore@gatech.edu, "I am working to change the environment."

Take a minute, decide how you can make a change in your Georgia Tech lifestyle by using one or all of these ideas and make a positive change on the environment.

It's smarta to ride MARTA

by Andrea Preininger
Student Assistant
Auxiliary Services

Iam a very money conscious person by nature and since I've been in college, I take pride in the ability to not waste my money but to hang on to every cent I can. One of the

better ways I saved money, time and stress came last summer when I was taking classes and working on campus.

Every day I made my way down to Atlanta on Hwy. 400, through the toll, and finally onto Interstate 85, which as many may know, is quite a long

and traffic jammed road at 8:30 a.m. What would usually take my 14-mile journey about 20 minutes without traffic, would take me an hour to an hour and a half each day at 8:30 a.m. with traffic. With gas prices soaring to \$3 a gallon at the time and paying a dollar a day in toll money five days a week, I was running out of

cash. Calculating these expenses came to about \$340 a month that I was spending.

A friend and coworker of mine, Amy, told me about The Clean Air Campaign. She told me that I could get \$3 a day just to take MARTA instead of driving my car.

I could not believe I would

continued on page 4

News Bulletin

Rosalind R. Meyers
Associate Vice President
Auxiliary Services

Auxiliary Services operates like many campus departments and for that matter like many corporations, especially where our employees are concerned.

We recognize our employees for superlative contributions and extraordinary job performance by awarding one Auxiliary Services' employee each month our Employee of the Month certification (picture at right).

We also occasionally announce employment changes as is the case now.

Two of our directors have made career changes recently. Parking & Transportation's Director Bob Furniss moved back to the northeast to be closer to his extended family. And Dr. Cindy Smith, director, Health Services, has decided to do more health-related procedures and less administration.

Dr. Smith will remain at Stamps Health Services working in the medical clinic, treating students and will continue her work with such projects as the Board of Regents' insurance initiatives.

Both of these changes have already taken place, leaving two vacancies in our department director positions.

While we conduct employment searches to fill these position, both have been filled with interim directors.

David Santa Ana, associate director, Parking & Transportation (david.santaana@parking.gatech.edu), will serve as the Interim Parking & Transportation Director and Jonathan Baker, associate director, Health Services (jon.baker@health.gatech.edu), will work as Interim Director for Health Services.

Please make note of these changes and contact each of these individuals with questions and concerns about their respective departments.



David Santa Ana(l-r), interim director, Parking & Transportation, and Rosalind R. Meyers, associate vice president, Auxiliary Services, recognized Sharon Sykes, cashier/parking attendant, Parking & Transportation, as the February Auxiliary Services' Employee of the Month. Keith Trawick, facilities manager, Parking & Transportation, nominated Sykes for the honor.

For up-to-date information on these and other Auxiliary Services' programs, services, and facilities, please read www.ImportantStuff.gatech.edu



Jonathan M. Baker (Jon) is Interim Director, Health Services.

How can you earn free food?

Try Buzz Dining Rewards

Every time BuzzCard holders make purchases with their BuzzCards at GT Dining locations they can receive five percent rewards.

Are you a BuzzCard holder? Then, here's what you need to do to start earning those reward funds.

Sign up for Buzz Dining Rewards at www.buzzdiningrewards.com.

Then, visit your choice of GT Dining locations and pay for purchases with your BuzzCard.

These sites include, but are not limited to, the Student Center Food Court, Jazzman's in the Library, EastSide and WestSide Markets, Jackets, Pandinis and the Quad Cafe.

GT Dining restaurants and

convenience stores are listed at the Buzz Dining Rewards web site or the GT Dining web site (www.gatechdining.com).

The reward funds accumulate each month and are redeemable at all GT Dining restaurants for the rewards amount by the 10th of the following month.

What are the benefits of using your BuzzCard?

- Earn Free Food
- Use your BuzzCard instead of credit cards to save time in line
- No need to carry cash
- Special coupons
- Double Days - Monday, March 3, all Buzz Dining Rewards' members' purchases at EastSide & WestSide Markets will get double points (100%)! Stay tuned for more Double Days at other sites.



Planning an event? Call GT Catering

Have you ever eaten food at an event in the Student Center and wondered who catered it?

Well, the answer to that question is Georgia Tech Catering. GT Catering prepares food for campus events and is in charge of all catering in the Student Center.

This catering service serves not only students, faculty and staff, but anybody who reserves event space on campus. They offer a wide variety of food and cater at any time of the day.

"We offer everything and anything," said Melanie Union, catering director, GT Dining.

"The sky is the limit. We serve hot dinner buffets, themed food

continued on page 4

Georgia Tech Dentist inducted into Dental Society

Dr. Mitchell is new member of Hinman Dental Society

Georgia Tech students going to the Dental Clinic at Stamps Health Services will see a new plaque.

It's the Hinman Dental Society award Katrina Schuler-Mitchell, DDS, Georgia Tech dentist, received in December.

One of only eight other dentists inducted into the prestigious dental society at the time, Dr. Mitchell adds the award to her six other professional dental associations, including American Dental Association, National Dental Association, American Association of Women Dentists, Georgia Dental Association, Academy of General Dentistry and Georgia Academy of General Dentistry.

The first and only dentist at the Georgia Tech Dental Clinic, Dr. Mitchell has been filling Georgia Tech students' teeth, taking care of their dental emergencies, providing preventative dental work and more since fall 2003.

A graduate of the Meharry Medical College in Nashville, Tenn. where she received her certification in Hospital Dentistry, Dr. Mitchell worked in a private practice in Duluth, Ga. before coming to Tech.

She knew she liked to work with college-age people and saw the opening at Georgia Tech as an opportunity to do just that.

"I enjoy working with the younger generation," Dr. Mitchell said.

"My least favorite thing is working with dentures and partials," she added with a smile.

She smiles a lot. She also said she likes working with a variety of people and loves the fact that Tech is so diverse.

"The diversity at Tech is what I love most," she said.

"There are so many nationalities and so many types of people here."

Dr. Mitchell also likes the

The Dental Clinic offers services such as veneers, teeth whitening, oral surgery, crowns, bridgework, restoration of implants, extraction, fillings, periodontal work, and root canals.

fact that most people here are healthy and open to preventive dentistry like veneers and teeth whitening (both performed at the Georgia Tech Dental Clinic).

Though the majority of the people she treats are healthy, she has also seen and caught diseases in their early stages including a leukemia case she noticed at her private practice.

Unbeknownst to many, one's total health is shown in their teeth. Heart disease, HIV, and leukemia's first warning signs are in the mouth.

She also likes the fact that she gets the opportunity to work with Georgia Tech pre-dental students.

"They are eager to learn and jump right in because they plan to be dentists."

"I like being their mentor and I love their enthusiasm!" she added.

The Dental Clinic offers services such as veneers, teeth whitening, oral surgery, crowns, bridge-work, restoration of implants, extraction, fillings, periodontal work, and root canals.

In addition to Dr. Mitchell, the Dental Clinic includes a dental hygienist, Tracy Hubbard; a dental assistant, Margo Reid; and Dorothy Woods, senior secretary.

The Dental Clinic is currently moving towards using more technology. Installing a panoramic X-ray machine, digital radiography, and electronic records are just some of the new technological

advances that are being made by the Dental Clinic.

Though the clinic usually sees about 170 students in the spring semester, Dr. Mitchell wants to increase that number in the years going forward.

With the new advancements in technology as well as the superior dental team, the Dental Clinic's goal is to raise awareness of its services and serve more students.

For more information on the Dental Clinic and Stamps Health Services, visit www.health.gatech.edu.
by Andrea Preininger

From time to time, the Dental Clinic offers specials. The picture at right shows the current special packages. Health Services will also help with insurance filing for reimbursements.



Dr. Katrina Schuler-Mitchell (Dr. Mitchell) added the Hinman Dental Society to her list of certifications, bringing the number of her professional dental affiliations to seven.

Photo credit Andrea Preininger

DENTAL CLINIC SPECIAL

BRIGHT SMILE PACKAGE
Exam + Cleaning + X-ray + Fluoride
+Whitening Trays + Solution
\$299.00 Save \$90.00

 **BUZZ PACKAGE**
Exam + Cleaning + X-Rays + Fluoride
\$180.00 save \$30.00

Call us today!
(404) 385-5147


Dental Clinic Location
Stamps Health Services
740 First Dr NW 2nd Floor
dental@health.gatech.edu
* Promotion time limited

Ride MARTA

continued from page one

actually get money for not wasting my gas and time!

I logged on to www.cleanair-campaign.com and signed up that same day. I found out that not only did they pay me \$3 a day for taking MARTA, but I could get a reduced price monthly MARTA pass for only \$30 because I was a student. The Clean Air Campaign also held raffles for \$25 gift cards once a month and I was lucky enough to win one of those too.

The benefits of riding MARTA were more than just monetary. At first I was not accustomed to the idea of riding public transportation since I am from a town where this is an alien concept. After the second day though, I enjoyed the ride to downtown with all the businessmen and businesswomen. And, the rest, as they say, is history.

The actual train ride took me

about 20 minutes and I usually got to the station 10 minutes early when I would read for my class or do some other schoolwork. I loved having the extra time on MARTA to look over notes or just relax while looking out the window.

Every day I noticed how horrible the traffic was and how great it was that I was not in it!

What I would usually do was take MARTA to the Midtown station and then from there take the Tech Trolley that usually was already there. Sometimes I would wait five minutes or so for the Trolley and then I would read more for my classes. I really liked that the Trolley was usually there and that it was so convenient to ride.

In the end not only did I save money by using MARTA but I ended up actually earning about \$60. MARTA is a safe, efficient and useful tool that people in Atlanta have and should use to not only help the environment but to reduce traffic in the metro area.

She will be signing copies of her new book, *Ladies of Liberty: The Women Who Shaped Our Nation*, scheduled for publication release April 8.

According to the publisher, HarperCollins Publishers, this book offers an entertaining and informative perspective on American history from 1776 to 1824. It looks at how America, as a multicultural nation, brought about a generation of women who faced challenges and through these hardships became advocates for education, orphanages and abolition.

Roberts is the Contributing Senior News Analyst for National Public Radio as well as a regular roundtable analyst for This Week with George Stephanopoulos.

by Andrea Preininger



Cokie Roberts at Bookstore

Cokie Roberts, journalist and author, is coming to Barnes & Noble @ Georgia Tech, Monday, May 12, 2 p.m.

Ask Jerry Springer a question!

Have you ever wanted to know how Jerry Springer got to be one of the most recognized faces on television? Or maybe you have wondered about his political career? Georgia Tech students have a chance to ask these questions and more when Jerry Springer comes to the Ferst Center for the Arts, Friday, Feb. 29, 8 p.m.

Jerry Springer will speak about the culture of reality television, answer questions, and recount memorable moments from his television show.

He will reveal the truth behind the show and all the mayhem that happens onstage.

Not only may students ask questions at the event, but the Jerry Springer website has a link that allows students to ask questions beforehand.

Asking questions in advance is a great resource because he



Kevin Wiley (left), chair, Student Center Ideas & Issues Committee

will have a chance to review the questions before coming to Georgia Tech and will most likely answer them in his discussion.

To submit a question to Jerry Springer before the show, visit this website: www.JerrySpringertv.com/school/form.php

by Andrea Preininger

Catering *continued from page 2* parties, continental breakfasts, coffee breaks, boxed lunches, deli buffets and more."

About 60 percent of people who use GT Catering are faculty and staff, 30 percent is from student groups, and the remaining 10 percent comes from non-Georgia Tech groups.

"We offer the same quality and services as more well known names in catering around the Atlanta area who have been around for more than 25 years," said Elizabeth Ramey, catering sales and marketing, GT Dining.

Another service available to students, faculty and staff is the rental of Jackets and Pandinis in the Student Center Commons. GT Catering serves these places as well.

"Jackets and Pandinis are great places to host events; both places can hold from 50 to 100 people," Union said.

"Jackets is especially nice because it offers a very quaint environment that you cannot get in many other places."

Check out the catering menu and other GT Catering services at its web site, www.gatech-catering.com.